

Sample Question Paper
Summative II 2016-2017
Class: X
Subject: Home Science (064)

Time: 3 Hrs

Maximum Marks: 80

General Instructions:

1. All questions are compulsory.
2. There are in all 27 questions.
3. Question no.1-5 are of 1 mark, to be answered in one or two lines.
4. Question no.6-12 are of 2 marks, to be answered in 10-20 words.
5. Question no.13-15 are of 3 marks , to be answered in 20-30 words.
6. Question no.16-23 are of 4 marks, to be answered in 40 words.
7. Question no.24-27 are of 5 marks, to be answered in 50-60 words.
8. Support your answer with suitable examples and figures wherever required.

Q no.	Questions	Marks
1 mark questions		
1.	Which is an example of physical fatigue: (a) fatigue due to cycling (b) fatigue due to a stressful day (c) fatigue due to waiting for a bus (d) fatigue due to spending time in a hospital	1
2.	To remove blood stains from white cotton fabric (a) Use hot water and salt (b) Use hot iron (c) Use cold water and salt (d) Use talcum powder	1
3.	Ironing should not be done directly on the _____. (a) Collars (b) Cuffs (c) sleeves (d) buttons	1
4.	_____ an example of direct income (a) living in own house (b) salary of individual (c) hired maid (d) uniform from office	1
5.	Stress and storm is a typical phase of: a) early childhood b) adolescence	1

	c) adulthood d) old age	
2 Marks Question		
6.	Neeta got a stain on her white shirt. She does not know the nature of stain. Tell her two ways to identify the nature the stain along with the examples.	2
7.	Write any two advantages of using food groups in planning a balanced diet.	2
8.	‘Money is a pivotal resource’. Write any four ways of saving this resource while going for shopping.	2
9.	State with example how cultural factors influence meal planning.	2
10.	Convince your friend the importance of soaking cloths before scrubbing.	2
11.	Give four tips to your friend to save her energy while rearranging her wardrobe.	2
12.	What is AGMARK? Name any two products that are given this quality mark.	2
3 Marks Questions		
13.	Give one influence of each availability of food items, age and cost of food items on meal planning.	3
14.	Your father has come from his office little early and looking very stressed. Suggest him six ways to reduce the psychological fatigue.	3
15.	Your uncle is not able to adjust with his old father. Explain him the changes which occur during old age and how can he take care of his father’s special needs?	3
4Marks Question		
16.	Define meal planning. State any six advantages of it.	4
17.	Sunita has to wash her woolen and silk clothes. Tell her any four differences in the process of washing the clothes.	4
18.	Educate a group of Anganwadi workers about the important features of RDA.	4
19.	You have wheat, rice, rajma, potato, peanuts, refined oil, spinach, paneer, eggs, oranges, bottle guard, apples and butter in your kitchen. Segregate them according to the food groups as given by ICMR and explain their nutrition value.	4
20.	Skill of a Home Science student can help her family to increase the real income. Support the statement with the help of any eight examples.	4

21.	You have purchased unpacked milk from a new milk vendor. How will you ensure that you are not being cheated?	4
22.	When would you describe an advertisement of a product as 'misleading'? Explain with suitable examples.	4
23.	What are the different stages of adulthood? Write two characteristics of each stage.	4
5 marks questions		
24.	Your mother has started a small scale business of food preservation. Keeping in mind the requisites of a good label, draw a label for apple jam.	5
25.	You got an unknown stain on your school uniform. What procedure will you follow to remove it?	5
26.	Nitin is a labourer and earning Rs. 10,000 per month. Is this, one of the important factor that can influence the expenditure of his family? If yes, explain with examples four more factors that can influence the same.	5
27.	Your term II examination is going to start after a month. Plan your time accordingly, keeping in mind the various steps involved in it.	5