

## (G) NATIONAL CADET CORPS (Code No. 076) SYLLABUS (2017-18)

1. The training curriculum of the NCC is primarily focused on character building, inculcating leadership qualities and skill enhancement through structured academic syllabi, practical training and opportunity for exposure/interaction beyond a cadets' immediate environment, and thereby enabling them for a brighter and progressive future.
2. The Aims of NCC:
  - (a) To develop character, comradeship, discipline, secular outlook, spirit of adventure and the ideals of selfless service amongst the youth of the country.
  - (b) To create a human resource of organized, trained and motivated youth to provide leadership in all walks of life and always available for the service of the nation.
  - (c) To provide a suitable environment to motivate the youth to take up a career in the Armed Forces.
3. Conduct of NCC Training Curriculum
  - (a) Institutional Training: Conducted in respective schools/ colleges by Associate NCC Officers (ANO), Permanent Instructional (PI) staff as part of the school curriculum.
  - (b) Annual Training Camps (ATC): To provide practical outdoor training, each NCC cadet attends 10 days camp in the second year of junior and senior division. These camps are conducted by respective NCC units.
  - (c) Centrally Organized Camps (COC): These camps are conducted at all India level, as National Integration Camps, attended by cadets from all states.
  - (d) Adventure Training: To inculcate a spirit of adventure and team work, NCC cadets undergo various adventure activities such as para jumps, para sailing, trekking, mountaineering and sailing expeditions.
  - (e) Attachment Camps: To give the cadets exposure to interact with Regular Army, Navy and Air Force units, attachment camps are conducted, where cadets are attached with these units. To motivate cadets to join the Armed Forces attachment of cadets with Indian Military Academy is also conducted.
  - (f) Youth Exchange Programme (YEP): Selected cadets also get an opportunity to visit various foreign countries as part of YEP. In one year approximately 100 cadets visit 10 -11 countries.
  - (g) Social Service Activities: The cadets also undertake various social service activities, by conduct of rallies to bring awareness and participate in various relief programmes/activities whenever called for.

4. Trainers : To conduct and implement the NCC training curriculum, there are three tiers of trainers.
- First Tier: Regular defence officers of the rank of Colour equitant rank in Air Force and Navy, Whole Time Lady Officers (WTLO) and Civilian Gliding Instructors (CGI). They are responsible for coordination and supervision of training and conduct of camps.
  - Second Tier: Professors and teachers nominated by respective schools and colleges and trained by NCC at its NCC Officers Training Academy and on completion of Pre-Commission Course, commissioned as Associated NCC Officer (ANO) form the most important link between the cadets and NCC.  
They conduct most of the theory classes of non-specialized subjects. Besides, the Pre Commission training they attend refresher courses.
  - Third Tier: The Junior Commissioned Officers (JCO) and Non-Commissioned Officers (NCO) from the three services and Girl Cadet Instructors (GCI) and Ship Model Instructors (SMI) conduct the specialized training of the cadets.
5. Eligibility for Enrolment as Cadet.
- Should be a citizen of India or a subject of Nepal.
  - Should be on the roll of the school or college which has an NCC Unit or part thereof.
  - The cadet should be within the age as mentioned below:-
    - Junior Division - Not less than 13 years and below 18 years and 6 months.
    - Senior Division - Should be below 26 years.
6. NCC Syllabus. The syllabus includes common subjects for all three wings and specialized subjects with respect to Army, Air Force and Navy. The common subjects comprise of approximately 70% and specialized service is 30% of the curriculum. Detailed syllabus is as follows:

| S. No.                      | Subject              | No of Periods |             |            |       |
|-----------------------------|----------------------|---------------|-------------|------------|-------|
|                             |                      | First Year    | Second Year | Third Year | Total |
| <b>Senior Division Wing</b> |                      |               |             |            |       |
| (i)                         | Common Subjects      | 66            | 72          | 72         | 210   |
| (ii)                        | Specialised Subjects | 24            | 33          | 33         | 90    |
|                             | Total                | 90            | 105         | 105        | 300   |
| <b>Junior Division Wing</b> |                      |               |             |            |       |
| (a)                         | Common Subjects      | 85            | 85          | --NA--     | 170   |
| (b)                         | Specialised Subject  | 35            | 35          |            | 70    |
|                             | Total                | 120           | 120         |            | 240   |

7. In addition to this syllabus, cadets attend one Annual Training Camp in the second year of junior and senior division to be eligible to appear in Part A and Part B certificate examination.
8. Cadets willing to pursue Part C Certificate will have to attend the third year senior division in the college.

### Evaluation System

9. NCC presently conducts three certificate examinations, these evaluations are conducted as a written paper for theory and practical in the second year of junior division for Part 'A' and in the second and third year of senior division for Part 'B' and 'C'. The setting of papers and evaluation for Part 'A' and 'B' examinations are done by a board of officers at NCC Group Head Quarters headed by an officer of the rank of Brigadier and Part 'C' Examination at NCC state Directorate level headed by a officer of the rank of Major General.
10. Recommended evaluation pattern for NCC as an additional / elective subject in the schools affiliated to CBSE is as follows:
  - (a) Internal Examinations for class IX ( JD) and class XI (SD) be conducted by respective ANO's and PI staff under the supervision of respective Commanding Officers of the NCC unit. Marks to be included in the cadets' report card by the concerned school.
  - (b) Part 'A' examination paper to be set at state Directorate level and evaluated by Board of Officers at Group Headquarters. Copy of the result in respect of CBSE schools be forwarded to CBSE Board as performance evaluation of class X cadet.
  - (c) Part 'B' examination paper be set at HQ DG NCC level and evaluated by the Board of Officers at the Group Headquarters. A copy of the result in respect of CBSE schools to be forwarded to CBSE Board as performance evaluation of class XII cadets. The result sheet in addition to the NCC cadet number will also have the CBSE roll number. The marks obtained to be included in the CBSE Board certificate and 'C' Certificate to be issued by the concerned State Directorate.
  - (d) Part 'A' and 'B' exams to be conducted in the month of February, before the commencement of the main exams of the students. Respective exams to be conducted on a same date all over India. The schedule of examination to be approved by HQ, DG, NCC and forwarded to CBSE for inclusion in the examination schedule.
11. Study Material
  - (a) Textbooks
    - (i) Cadet Hand Book (Common Subjects), published by DG NCC.
    - (ii) Cadet Hand Book (Specialized Subjects), published by DG NCC.
    - (iii) ANO Précis

- (b) Reference Books
- (i) Grooming Tomorrow's Leaders, published by DG, NCC.
  - (ii) Youth in Action, published by DG, NCC.
  - (iii) The Cadet, Annual Journal of the NCC.
  - (iv) Précis Issued by respective Service Headquarters on specialized subject available to PI Staff as reference material.

## JUNIOR DIVISION SYLLABUS FOR CLASS X

### Rationale

1. The NCC training curriculum is structured in a manner to instil in the cadets qualities like nationalism, patriotism, discipline, team spirit, esprit-de-corps, leadership, self confidence, national integration and improve their personality. The training is conducted with the following specific purpose:-
  - (a) To expose young cadets to a regimental way of life, which is essential to inculcate in them the values of discipline, duty, punctuality, orderliness, smartness, and respect for authority, correct work ethos and self-confidence.
  - (b) To generate interest in cadets by including and laying emphasis on those aspects of institutional training which attract youth and provide them an element of thrill and excitement.
  - (c) To inculcate Defence Services work ethos, which is characterized by hard work, sincerity of purpose, honesty, ideals of selfless service, dignity of labour, secular outlook, comradeship, spirit of adventure and sportsmanship.

### Objectives

- Motivate young dynamic youth to serve the nation.
- Inculcate unity and discipline amongst citizens.
- Promote leadership and make self-reliant citizens.
- Prepare a volunteer force to participate during national disasters.
- Raise awareness to live with principles and values.
- Gain a glimpse and overview of armed forces.
- Develop a sense of national integration.
- Create awareness about social causes and community development.
- Inculcate sportsmanship and spirit of adventure.
- Learn about road safety and traffic control
- Learn about life saving and first aid.

### Class - X (Block Syllabus)

| Sl No.  | Unit                                       | Marks        | Periods        |
|---|--|--------------|----------------|
| <b>Part 1: Common Subjects</b>                |  |              |                |
| 1   | The NCC                                    | 07           | 01             |
| 2   | National Integration and Awareness         |              | 08             |
| 3   | Disaster Management                        |              | 04             |
| 4   | Drill                                      | 27           | 21             |
| 5   | Weapon Training                            |              | 14             |
| 6   | Adventure Training and Obstacle            |              | 04             |
| 7   | Personality Development and Leadership     | 15           | 14             |
| 8   | Social Awareness and Community Development |              | 07             |
| 9   | Health and Hygiene                         |              | 07             |
| 10  | Environment Awareness and Conservation     |              | 03             |
|   | <b>Total</b>                               | <b>49</b>    | <b>83</b>      |
| <b>Part 2 A: Special Subjects (Army)</b>      |  | <b>Marks</b> | <b>Periods</b> |
| 1   | Armed Forces                               | 04           | 05             |
| 2   | Military History                           |              | 05             |
| 3   | Map Reading                                | 17           | 11             |
| 4   | Field Craft and Battle Craft               |              | 11             |
| 5   | Communication                              |              | 03             |
|   | <b>Total</b>                               | <b>21</b>    | <b>35</b>      |
| <b>Part 2 B: Special Subjects (Navy)</b>      |  | <b>Marks</b> | <b>Periods</b> |
| 1.  | Naval Orientation                          | 07           | 07             |
| 2.  | Naval Communication                        |              | 04             |
| 3.  | Seamanship                                 | 14           | 12             |
| 4.  | Navigation                                 |              | 06             |
| 5.  | Ship and Boat Modelling                    |              | 06             |
|   | <b>Total</b>                               | <b>21</b>    | <b>35</b>      |
| <b>Part 2 C: Special Subjects (Air Force)</b> |  | <b>Marks</b> | <b>Periods</b> |
| 1   | Air Campaigns                              | 13           | 06             |
| 2   | Aircraft Recognition                       |              | 03             |
| 3   | Aeromodelling                              |              | 24             |
| 4   | Atmosphere                                 | 08           | 01             |
| 5   | Maps                                       |              | 01             |
|   | <b>Total</b>                               | <b>21</b>    | <b>35</b>      |

## COMMON SUBJECTS (Detailed Syllabus)

Total Marks: 49 Total

Periods: 83

### Unit 1: The NCC

01 Periods

Aim: To acquaint cadets with the aims and objectives of NCC

Scope: Introduction, aims, organization and general information about NCC.

- Aims and Objectives of NCC.
- Organization and Training and NCC Song
- Incentives of Joining NCC

### Unit 2: National Integration and Awareness

08 Periods

Aim: To inculcate sense of patriotism, secular values and motivate cadets to contribute towards nation building through national unity and social cohesion.

Scope: The concepts of National Interests, Objectives and Integration, Unity in diversity and cultural heritage of India.

- Religions, Culture, Traditions and Customs of India
- National Integration: Importance and Necessity
- Freedom Struggle and Nationalist Movement in India.
- Problems/ Challenges of National Integration.
- Unity in Diversity.
- Famous Leaders of India
- Images/ Slogans for National Integration
- Contribution of Youth in Nation Building

### Unit 3: Disaster Management /Civil Affairs

04 Periods

Aim: To train Cadets to assist Civil Administration in performance of selective duties during disasters.

Scope: Basic information about civil defence organization and its duties, maintenance of essential services and providing assistance to civil administration in various types of emergencies during national disasters

- Civil Defence Organisation and its duties/ NDMA
- Types of emergencies/ Natural Hazards
- Role of NCC during Natural Hazards/ Calamities
- Civil Administrative Set up at District/Taluk/Village
- Fire service and fire fighting
- Essential services and their maintenance

**Unit 4: Drill****21 Periods**

Aim: To inculcate a sense of discipline, improve bearing, smartness, and turnout and to develop the quality of immediate and implicit obedience of orders.

Scope: All important basic aspects of drill including ceremonial drill, drill with arms and words of command.

Drill without Arms

- General and Words of Command
- Attention, Stand at Ease and Stand Easy, turning and inclining at the halt
- Sizing, forming up in three ranks and numbering, open and close order march and dressing
- Saluting at the halt,
- Getting on parade, dismissing and falling out
- Marching, Length of Pace and time of marching in quick time and halt, slow march and halt
- Turning on the march and wheeling
- Saluting on the March
- Individual word of command

**Unit 5: Weapon Training****14 Periods**

Aim: To give elementary knowledge about rifles.

Scope: Basic Knowledge about rifle and firing.

- Characteristics of a rifle/ rifle ammunition and its fire power
- Stripping, assembling, care and cleaning and sight setting
- Loading, cocking and unloading
- The lying position and Holding
- Aiming, range and figure target
- Trigger control and firing a shot
- Range precautions and safety precautions
- Short range firing

**Unit 6: Adventure Training****04 Periods**

Aim: To inculcate a sense of adventure and develop confidence, courage and determination.

Scope: To expose cadets to various adventure activities.

- Trekking including selection of route and administration planning

- Cycle expedition including selection of route and administration planning
- Rock climbing

### **Unit 7: Personality Development and Leadership**

**14 Periods**

**Aim:** To develop an all-round dynamic personality with adequate leadership traits to deal / contribute effectively in all walks of life.

**Scope:** Basic subjects of leadership with emphasis on self-awareness, life/soft skills, time management and character building.

- Introduction to Personality development
- Factors influencing/shaping personality: Physical, Social, Psychological and philosophical
- Self Awareness - know yourself
- Critical and creative thinking
- Communication skills: group discussions/lectures
- Self confidence, courage & self conviction
- Effects of leadership with historical examples
- Problem solving skills
- Interview skills
- Importance of group and team work
- Effective use of time
- Coping with stress / emotions
- Sociability: social skills
- Characteristics of healthy personalities - ethics/values

### **Unit 8: Social Awareness Community Development**

**7 Periods**

**Aim:** To teach cadets the values and skills involved in providing voluntary Social Service.

**Scope:** Understanding of social service and its needs, knowledge about the weaker sections of our society and their requirements, about NGOs and contribution of youth towards social welfare.

- Basics of Social service, and its needs
- Social/ Rural Development Projects: MNREGA, SGSY, NSAP etc.
- Literacy enhancement and poverty alleviation
- Contribution of youth towards social welfare
- Civic responsibilities
- Drug abuse and trafficking

- Causes and prevention of HIV/AIDS, Role of Youth
- Corruption
- Social evils viz. dowry/female foeticide/child abuse and trafficking etc.
- Traffic control organization and anti drunken driving
- Provisions of child act

### **Unit 9: Health and Hygiene**

**07 Periods**

**Aim:** To instil respect and responsibility towards personal health and hygiene.

**Scope:** Basic information of the human body, maintenance of health, hygiene, sanitation, disease and an elementary knowledge of First Aid and Nursing.

- Structure and functioning of the human body
- Hygiene and sanitation (Personal and Food Hygiene)
- Physical and mental health
- Infectious and contagious diseases and its prevention
- Basics of first aid in common medical emergencies
- Wounds and fractures
- Introduction to yoga and exercise

### **Unit 10: Environment Awareness and Conservation**

**03 Periods**

**Aim:** To sensitise the cadets on natural resource conservation and protection of environment.

**Scope:** Basic understanding of environment in general and waste management in particular, energy conservation, pollution control and wildlife conservation in particular.

- Natural resources - conservation and management
- Water conservation and rain water harvesting
- Waste management
- Pollution control, water, air, noise, soil
- Wildlife conservation: projects in India

## SPECIALISED SUBJECTS (ARMY)

Total Marks: 21 Total

Periods: 35

### Unit 1: Armed Forces

05 Periods

Aim: To acquaint cadets with the Armed Forces

Scope: Introductory and general information about the Armed Forces

- Basic organization of Armed Forces
- Organization of the Army
- Badges and Ranks
- Honours and Awards
- Modes of entry into Army
- Fighting Arms
- Supporting Arms and Services

### Unit 2: Military History

05 Periods

Aim: To provide knowledge of renowned Military Generals, PVCs and Indo-Pak Wars

Scope: Introduction to biographies, famous Indian battles and gallantry awards

- Biographies of renowned generals (Carriappa/ Manekshaw)
- Indian Army War Heroes
- Study of battles of indo Pak war 1965, 1971 and Kargil
- War movies

### Unit 3: Map Reading

11 Periods

Aim: To teach cadets elementary map reading

Scope: Basic understanding of map sheets and map reading instruments and development of capability to use them to carry out simple Map Reading

- Introduction to types of Maps and conventional signs.
- Scales and grid system
- Topographical forms and technical terms
- Relief, contours and gradients
- Cardinal points and Types of North
- Types of bearings and use of service protractor

**Unit 4: Field Craft and Battle Craft****11 Periods**

Aim: To teach cadets elementary field craft and battle craft

Scope: Basic field craft and battle craft

- Introduction
- Judging distance
- Description of ground
- Recognition, description and indication of land marks and targets
- Observation, camouflage and concealment
- Field signals
- Use of ground and movement
- Selection of formations
- Knots and Lashing

**Unit 5: Communication****03 Periods**

Aim: To introduce cadets to latest trends in the field of communications

Scope: Types of communications and future trends

- Importance of communication
- Means of communication

**SPECIALIZED SUBJECTS (NAVY)**

Total Marks: 21

Total Periods: 35

**Unit 1: Naval Orientation****Periods 07**

Aim: To impart training on Naval Organisation.

Scope: History of Indian Naval Organizations, Rank structure, Indo-Pak War- 1971 etc.

- Indo Pak War -1971
- Rank Structure and Badges - PBOR to MCPO and Equivalent
- Rank Structure and Badges - Officers and equivalent
- Mode of entry into IN

**Unit 2: Naval Communication****Periods 04**

Aim: To impart basic knowledge to Naval Communication.

Scope: Introduction to visual communication.

- Semaphore, Use of semaphore, introduction of various letter position, Reading of semaphore message, Transmission of semaphore message
- Introduction to radio telephony procedure

**Unit 3: Seamanship****Periods 12**

Aim: To impart basic knowledge about Seamanship.

Scope: Introduction to rigging, anchor work, parts of boats and accessories etc.

- Fundamentals of Steering - Steering orders, reports and alteration of course
- Parts of a Sail- types of sails
- Parts of Whaler and Oar- Pulling orders
- Parts of a Cadet Class Dingy- sailing terms
- Throwing a Heaving Line- Use of Heaving line on board
- Use of Boatswain Call (Piping)- Parts of Pipe

**Unit 4: Navigation****Periods 06**

Aim: To impart basic knowledge to Naval Communication.

Scope: Introduction to visual communication.

- Uses of Maps and Charts and its purpose
- Instruments required for chart work
- Markings on Chart, Light houses, buoys
- Introduction to Map reading and Navigation Aids to include GPS

**Unit 5: Ship and Boat Modelling****Periods 06**

Aim: To impart basic knowledge about Ship Modelling to cadets.

Scope: Basic knowledge about reading of Diagrams and construction of Ship Models.

- Practical Training on Static Models
- Preparation of hull construction
- Preparation of super structure
- Chemical work and finishing of model
- Stability and Operation of model

## SPECIALIZED SUBJECTS (AIR FORCE)

Total Marks: 21

Total Periods: 35

### Unit 1: Air Campaigns

06 Periods

Aim: To introduce Air Campaigns of Air Force

Scope: An overview of important campaigns

- Indo-Pak War-1971
- Operation Safed Sagar
- Motivational Movies

### Unit 2: Aircraft Recognition

03 Periods

Aim: To introduce various aircrafts of the Air Force

Scope: Types, roles, variants of aircraft of the IAF

- Fighters
- Transport
- Helicopters.

### Subject 3: Aero-modelling

24 Periods

Aim: To provide knowledge about Aero Modelling

Scope: Materials used in different types of models

- History of Aero-modelling
- Materials used in Aero-modelling
- Types of Aero-modelling
- Flying/Building of Aero-models

### Unit 4: Atmosphere

01 Periods

Aim: To give basic knowledge of Atmosphere

Scope: Use of basic knowledge of Atmosphere

- Atmosphere

### Subject 5: Maps

01 Periods

Aim: To give basic knowledge of Air Navigation

Scope: Use of Maps and fundamentals of Map Reading from the air

- Maps

## Annual Training Camp: Junior and Senior Division

### Rationale

- The Annual Training Camp is an exciting and essential element of NCC. Activities at the camp will help students develop qualities like social service, team spirit, challenge, leadership, discipline, self confidence, widen horizon, develop ambition to do creative work, enhance personal and social development, learn how to overcome adversity, civil defence & self defence, other new and exciting experiences.
- The Training Camp will make the students become more aware that they are a part of a greater ecosystem and are not As bound by social customs and norms. In es-sence, students will be true to themselves and more able to see others as people regardless of class, colour and creed.
- Camp activities will lead students to self-reliance, self-confidence, national spirit and leadership, and will enhance the NCC aims of developing character, comradeship, discipline, secular outlook, spirit of adventure and the ideals of selfless service among the youth of the country.
- The Training Camp will let students live in the camp with a social environment and help teachers observe and understand their students' development in terms of personal aspirations, psychological behaviours and social skills. It will also allow students to appreciate their environment and natural surroundings and provide op-portunities for students to be independent and exercise self-discipline.
- The Annual Training Camp is the culmination of NCC training instills and stimulates in youths an urge for excellence and inculcates a spirit of adventure and outdoor activities.

### Objectives

- Attendance of ATC is a mandatory requirement before the cadet is eligible for A and B Certificate in case JD/JW and SD/SW respectively.
- ATC is conducted for duration of 10 days in the second year of JD/JW and SD/SW to provide outdoor practical trg.
- General activities covered during the ATC are as under :-
  - Physical fitness to include PT, Yoga, Games, Obstacle trgDrill
  - Weapon training and firing.
  - Map Reading
  - Field Craft and Battle Craft.
  - Personality development.
  - National Integration and Social awareness.
  - Cultural activities.

- Lectures on Civil Affairs, Social Awareness and Community Development, Health and Hygiene and environment issues.
- Cadets will be tested for practical training during the camp as under: -
  - Drill.
  - Weapon Training.
  - Firing.
  - Obstacle Training.
  - Map Reading.
  - Field Craft and Battle Craft.
- ATC will be conducted under the aegis of the unit affiliated to the school/college.
- ATC will be conducted during the period from August to February by the ANO and Cadets keeping in view the availability of cadets as per their academic /curricular schedule

**CLASS - X**  
**ANNUAL TRAINING CAMP: JUNIOR DIVISION (ARMY)**  
**(Block Syllabus)**

| S. No. | UNITS  | MARKS | PERIODS |
|--------|--|-------|---------|
| 1      | Physical Training, Games and Obstacle Training   | 4     | 12      |
| 2      | Drill  | 8     | 16      |
| 3      | WT and Firing  | 8     | 16      |
| 4      | Map Reading  | 6     | 12      |
| 5      | FC and BC  | 4     | 10      |
| 6      | Military History   | 0     | 12      |
| 7      | Personality Development  | 0     | 18      |
| 8      | National Integration, Civil Affairs, Environment, Social Awareness and Community development, Health and hygiene | 0     | 16      |
|        | Total  | 30    | 112     |

## ANNUAL TRAINING CAMP

|   |                 |                   |
|---|-----------------|-------------------|
| Total Marks 30  |                 | Periods 112       |
| <b>Unit 1: Physical Training and Games</b>  | <b>04 Marks</b> | <b>12 Periods</b> |
| <ul style="list-style-type: none"><li>• Physical Training</li><li>• Yoga</li><li>• Games</li><li>• Obstacle Training</li></ul>  |                 |                   |
| <b>Unit 2: Drill</b>  | <b>08 Marks</b> | <b>16 Periods</b> |
| <ul style="list-style-type: none"><li>• Words of Command</li><li>• Drill Without Arms</li><li>• Individual Drill</li><li>• Squad Drill</li></ul>  |                 |                   |
| <b>Unit 3: Weapon Training</b>  | <b>08 Marks</b> | <b>16 Periods</b> |
| <ul style="list-style-type: none"><li>• Characteristics of 22 Rifle, Stripping, Assembling</li><li>• Loading/Unloading And Bolt Manipulation</li><li>• Lying position and Holding</li><li>• Aiming, Range and Figure Target</li><li>• Trigger Control and Firing a Shot</li><li>• Range Procedure and Safety Precautions</li><li>• Firing. 22 Rifle</li></ul> |                 |                   |
| <b>Unit 4: Map Reading</b>  | <b>06 Marks</b> | <b>12 Periods</b> |
| <ul style="list-style-type: none"><li>• Introduction to Map and Conservational Signs</li><li>• Prismatic Compass, use and introduction to GPS</li></ul>   |                 |                   |
| <b>Unit 5: Field Craft and Battle Craft</b>   | <b>04 Marks</b> | <b>10 Periods</b> |
| <ul style="list-style-type: none"><li>• Description of Ground</li><li>• Judging Distance</li><li>• Field Signal</li><li>• Section Formation</li><li>• Knots and Lashing</li><li>• Observation, Camouflage and Concealment</li></ul>   |                 |                   |

**Unit 6: Military History** **00 Marks** **12 Periods**

- Biographies of Military Leaders
- Indian Battles
- Indian Army War Heroes
- War Movies

**Unit 7: Personality Development** **00 Marks** **18 Periods**

- Factors Influencing/Shaping Personality-Physical, Social, Psychological and Philosophical
- Self Awareness and Critical and Creative Thinking
- Importance of Team Work, Communication Skills-Group Discussion
- Character Building
- Leadership Traits
- Interview Skills
- Time Management

**Unit 8: National Integration and Social Awareness National Integration** **00 Marks** **16 Periods**

- Unity in Diversity
- National Integration and its Importance
- Contribution of Youth to Nation Building

**CIVIL AFFAIRS****DISASTER MANAGEMENT FIRE SERVICES AND FIRE FIGHTING VIGILANCE AWARENESS**

- Civil Defence Organization and Its Duties
- Types of Emergencies/Natural Disasters
- Role of NCC during Natural Hazards
- Civil Administrative setup at District/Tehsil/Village

**ENVIRONMENT AWARENESS**

- Conservation of Environment and Ecology
- Pollution and its Control
- Wildlife Conservation

## **SOCIAL AWARENESS AND COMMUNITY DEVELOPMENT**

- Drug Abuse and Trafficking
- HIV and AIDS-Causes and Prevention
- Cancer awareness
- Adult Education
- Traffic Control Organization
- Rural Development Programmes
- Civic Responsibilities
- Corruption
- Social Evils
- Child Abuse and Trafficking
- Female foeticide

## **HEALTH AND HYGIENE**

- First Aid In Common Medical Emergencies
- Hygiene And Sanitation-Personal and Food Hygiene
- Preventable Diseases
- Physical and Mental Health

**CLASS - X**  
**ANNUAL TRAINING CAMP: JUNIOR DIVISION (NAVY)**  
(Block Syllabus)

| S. No. | UNITS  | MARKS | PERIODS |
|--------|--|-------|---------|
| 1.     | Physical Training, Games and Obstacle Training   | 4     | 16      |
| 2.     | Drill  | 9     | 20      |
| 3.     | Wt and Firing  | 4     | 8       |
| 4.     | Naval Orientation  | 2     | 4       |
| 5.     | Naval Communication  | 2     | 4       |
| 6.     | Navigation   | 1     | 1       |
| 7.     | Seamanship   | 6     | 11      |
| 8.     | Ship and Boat Modelling  | 2     | 4       |
| 9.     | Military History   | 0     | 8       |
| 10.    | Personality Development  | 0     | 10      |
| 11.    | National Integration, Civil Affairs, Environment, Social Awareness and Community Development, Health and Hygiene | 0     | 16      |
| 12.    | TEST   | 30    | 10      |
|        | TOTAL  | 30    | 112     |

## ANNUAL TRAINING CAMP (Detailed Syllabus)

|  |                 |                   |     |
|--|-----------------|-------------------|-----|
| Total Marks                                | 30              | Periods           | 112 |
| <b>Unit 1: Physical Training and Games</b> | <b>04 Marks</b> | <b>16 Periods</b> |     |
| • Physical Training                        |                 |                   |     |
| • Yoga                                     |                 |                   |     |
| • Games                                    |                 |                   |     |
| <b>Unit 2: Drill</b>                       | <b>09 Marks</b> | <b>20 Periods</b> |     |
| • Words of Command                         |                 |                   |     |
| • Drill With Arms                          |                 |                   |     |
| • Individual Drill                         |                 |                   |     |
| • Squad Drill                              |                 |                   |     |
| • Ceremonial Drill                         |                 |                   |     |
| <b>Unit 3: Weapon Training</b>             | <b>04 Marks</b> | <b>08 Periods</b> |     |
| • Characteristics of .22 Rifle             |                 |                   |     |
| • Loading/Unloading and Bolt Manipulation  |                 |                   |     |
| • Lying Posn and Hold                      |                 |                   |     |
| • Aiming, Range and Figure Targets         |                 |                   |     |
| • Trigger Control and Firing a Shot        |                 |                   |     |
| • Range Procedure and Safety Precautions   |                 |                   |     |
| • Firing .22 Rifle                         |                 |                   |     |
| <b>Unit 4: Naval Orientation</b>           | <b>02 Marks</b> | <b>04 Periods</b> |     |
| • Main Parts of a Ship                     |                 |                   |     |
| • Survival and Rescue- Life Safety         |                 |                   |     |
| • Items on Board Ship, Life Raft           |                 |                   |     |
| • Life Boats and Distress signals          |                 |                   |     |
| <b>Unit 5: Naval Communication</b>         | <b>02 Marks</b> | <b>04 Periods</b> |     |
| • Semaphore, Use of Semaphore              |                 |                   |     |
| • Introduction of Various Letter           |                 |                   |     |
| • Position, Reading of Semaphore           |                 |                   |     |
| • Message, Transmission of Semaphore       |                 |                   |     |

|  |                 |                   |
|--|-----------------|-------------------|
| <b>Unit 6: Navigation</b>  | <b>01 Marks</b> | <b>01 Periods</b> |
| <ul style="list-style-type: none"> <li>• Uses of Maps and Charts and Its</li> <li>• Purpose, Introduction to Map</li> <li>• Reading and Navigation Aids to Include GPS</li> </ul>  |                 |                   |
| <b>Unit 7: Seamanship</b>  | <b>06 Marks</b> | <b>11 Periods</b> |
| <ul style="list-style-type: none"> <li>• Rigging, Cordage and Wire Ropes, Rope</li> <li>• Work Terms, Preparation Ropes for use, Bends and Hitches, Anchor and Anchor cable</li> </ul>   |                 |                   |
| <b>Unit 8: Ship and Boat Modeling</b>  | <b>02 Marks</b> | <b>04 Periods</b> |
| <ul style="list-style-type: none"> <li>• Reading of a Ship Drawing of a Model, Practical Training on Static Models viz Preparation of Hull</li> <li>• Construction of Super Structure, Chemical Work and Finishing of a Model and Stability and Operation of a Model</li> </ul>  |                 |                   |
| <b>Unit 9: Military History</b>  | <b>00 Marks</b> | <b>08 Periods</b> |
| <ul style="list-style-type: none"> <li>• Biographies of Military Leaders</li> <li>• Famous Battles</li> </ul>  |                 |                   |
| <b>Unit 10: Personality Development</b>  | <b>00 Marks</b> | <b>10 Periods</b> |
| <ul style="list-style-type: none"> <li>• Factors Influencing/Shaping Personality</li> <li>• Physical, Social, Psychological and Philosophical</li> <li>• Self Awareness and Critical and Creative Thinking</li> <li>• Communication Skills-Group Discussion</li> <li>• Importance of Team Work, Character Building,</li> <li>• Leadership Traits, Interview Skills</li> <li>• Time Management</li> </ul> |                 |                   |
| <b>Unit 11: National Integration, Civil Affairs Environment, Social Awareness &amp; Community Development, health and Hygiene</b>  | <b>00 Marks</b> | <b>16 Periods</b> |
| <ul style="list-style-type: none"> <li>• Unity In Diversity</li> <li>• National Integration and Its Importance</li> <li>• Contribution of Youth In Nation Building</li> </ul>  |                 |                   |
| <b>Civil Affairs</b>   |                 |                   |
| <ul style="list-style-type: none"> <li>• Disaster Management</li> </ul>  |                 |                   |

- Fire Fighting
- Vigilance Awareness
- Civil Defence Organization and Its Duties
- Types Of Emergencies / Natural Disasters
- Role Of NCC during Natural Hazards

#### Environment Awareness

- Conservation of Environment and Ecology
- Pollution and Its Control
- Wildlife Conservation

#### Social Awareness and Community Development

- Drug Abuse and Trafficking, HIV and AIDS
- Cancer Awareness, Adult Education
- Traffic Control
- Evils - Female Foeticide, Abuse, Dowry

#### Health and Hygiene

- First Aid in Common Medical Emergencies
- Hygiene and Sanitation
- Preventable Diseases
- Dressing of Wounds
- Physical and Mental Health

## ELIGIBILITY CONDITIONS FOR CERTIFICATE EXAMINATIONS

### 'A' CERTIFICATE

1. All NCC cadets in Junior Division, on successful completion of their two years training and having passed Part 'A' examination conducted by respective NCC units, are issued NCC 'A' Certificate. The certificate examination comprises of a written and practical test. Cadets to be eligible to appear in the certificate examination must fulfill the following conditions.
  - (a) The cadet should be on the roll of NCC unit/sub unit.
  - (b) The cadet should have attended a minimum of 75% of total training periods laid down in the syllabus for the first and second years of Junior Division/ Wing, NCC (All Wings).
  - (c) Attended one Annual Training Camp of JD/JW.
  - (d) Break in the NCC training of the cadet prior to appearing in the examination

should not exceed more than 12 months at one time, to count his previous training period. In case the break exceeds 12 months and the cadet has been on the unit rolls for a minimum of two years before his discharge and had attended 75% of the total period during his NCC service; he/she will need another 45 periods in the year he/she is appearing for the examination.

#### NOTICE

1. NCC as an additional Subject will be available to those schools where NCC already exists. It will be available as per existing strength.
2. Schools wishful of applying for allotment of NCC must apply to the nearest NCC Unit and not to CBSE. NCC will be allotted as per seniority as per provisions of NCC Act and Rules, 1948.