

Knowledge Traditions and Practices of India



वशुधेव कुटुम्बकम् ONE EARTH • ONE FAMILY • ONE FUT

(Code No. 073)
MARKING SCHEME
Class XII (2023-24)

Time allotted: 3 hours Maximum Marks: 70

GENERAL INSTRUCTIONS:

PART A:

- 1. This question paper contains four sections, Section I to IV.
- 2. Section I has 16 questions carrying 01 mark each.
- 3. Section II has 07 Short Answer type questions carrying 02 marks each.
- 4. Section III has 04 descriptive type questions carrying 05 marks each.
- 5. Section IV has 04 descriptive type questions carrying 05 marks each.
- 6. One internal choice is given in Q15.

PART B:

This question paper contains the following types of competency based questions as follows:

Type A: Knowledge / Understanding

Type B: Application

Type C: Analysis / Synthesis (Higher Order Thinking Skills)

Type D: Evaluation (Higher Order Thinking Skills)

SECTION - I					
Q.No	Question	M	Chapter No. & Name	Туре	
1	Study the picture and answer the question that follows: Which of the following option best describes the given picture?	1	CH 1- Agriculture - a survey	A	

Page 1 of 15

	a) The 000 1 1 10	d Anianth anni and a Royal Color	I		
	'	d Anicut' across the Kaveri River			
	was built by the Chola kin				
	b) The 'Grand Anicut' is built	3			
	c) The 329-metre long 'Gran is in Dholavira.	d Anicut' across the Kaveri River			
		ted reservoirs at Sringaverapura.			
	,				
ANS	a) The 329-metre long 'Gra river was built by the Chola	nd Anicut' across the Kaveri a king Karikala.			
2		nent which deals with various	1	CH 4-	Α
	disciplines of teaching and le			Educational	
	_	ge texts and it is one of the		Practices &	
	disciplines.			systems	
	b) The word 'vedanga' literal	ly means limbs of Vedas and are			
	classified as six types.				
	c) Under pauruseya, there a	re atleast nine disciplines.			
	d) All of the above				
ANS	d) All of the above				
3	Match the items in Column A	with that of Column B.	1	CH 5-Ethics	Α
	Column A	Column B			
	1. Sikh				
	2. Kabir, Mira,Namdev	i. Bhakthi movement ii. triratna			
	3. Jainism	iii. Four noble truths			
	4. Buddhism	iv. ethikos			
	5. Ethics	v. Guru Nanak			
	Options:				
	a) 1-iv, 2-ii, 3-v, 4-iii,5-i				
	b) 1-ii, 2-iii, 3-i, 4-v, 5-iv c) 1-v, 2-i, 3-ii, 4-iii, 5-iv				
	d) 1-v, 2-iv, 3-iii,4-ii,5-i				
ANS	c) 1-v, 2-i, 3-ii, 4-iii, 5-iv				
4	Study the picture and answe	r the question that follows:	1	CH 6-Martial	Α
				Arts	
	at the same of the	THE RELEASE			
		445			
		The state of the s			
			<u>I</u>		

Page 2 of 15

	Which of the following options best signifies this particular			
	martial art?			
	a) It is performed to the accompaniment of drums and music			
	and each stroke is aimed at particular <i>varnam</i> of the			
	human body.			
	b) It is also one kind of training in javelin or spear fighting.			
	c) It is a training in remote resistance of or attack on an			
	enemy.			
	d) A wooden stick and a shield are usually used in the			
	sparring match and points are scored when vital points in			
	the body are touched.			
ANS	d) A wooden stick and a shield are usually used in the			
	sparring match and points are scored when vital points			
	in the body are touched.			
5	The first appearance of glass objects in India, according to	1	CH 8-Other	Α
	current knowledge, is from		Technologie	
	a) The upper Ganga-Yamuna region		s	
	b) The Kaveri river basin			
	,			
	c) The Brahmaputra region			
4110	d) Downstream of the Srirangam Island			
ANS	a) The upper Ganga-Yamuna region			
	There are two statements marked as Assertion (A) and a	1	CH 1-	С
	Reason (R). Mark your answer as per the codes provided		Agriculture -	
	below.		a survey	
	Assertion (A): Rigveda deals with cow protection, cattle			
	management, tree cutting, desire for rain and contented animals and farmers.			
	Reason (R): Rigveda insists that natural forces must remain			
	in harmony with each other and humanity must not disturb the			
	balance between them.			
	a) Both A and R are true and R is the correct explanation of			
	A.			
	b) Both A and R are true but R is not the correct explanation			
	of A.			
	c) A is true, R is false.			
,	d) A is false, R is true.			
	<i>a.</i> / 1110 10100, 1110 11001			
ANS	a) Both A and R are true and R is the correct explanation			
	a) Both A and R are true and R is the correct explanation of A.			
ANS 7	a) Both A and R are true and R is the correct explanation of A. There are two statements marked as Assertion (A) and a	1	CH 4-	С
	a) Both A and R are true and R is the correct explanation of A. There are two statements marked as Assertion (A) and a Reason (R). Mark your answer as per the codes provided	1	Educational	С
	a) Both A and R are true and R is the correct explanation of A. There are two statements marked as Assertion (A) and a Reason (R). Mark your answer as per the codes provided below.	1	Educational Practices &	С
	a) Both A and R are true and R is the correct explanation of A. There are two statements marked as Assertion (A) and a Reason (R). Mark your answer as per the codes provided below. Assertion (A): Nalanda had an imposing library called	1	Educational	С
	a) Both A and R are true and R is the correct explanation of A. There are two statements marked as Assertion (A) and a Reason (R). Mark your answer as per the codes provided below. Assertion (A): Nalanda had an imposing library called 'Dharmaganja' which consisted of four multi-storey buildings.	1	Educational Practices &	С
	a) Both A and R are true and R is the correct explanation of A. There are two statements marked as Assertion (A) and a Reason (R). Mark your answer as per the codes provided below. Assertion (A): Nalanda had an imposing library called 'Dharmaganja' which consisted of four multi-storey buildings. Reason (R): It contained lakhs of manuscripts and it had	1	Educational Practices &	С
	a) Both A and R are true and R is the correct explanation of A. There are two statements marked as Assertion (A) and a Reason (R). Mark your answer as per the codes provided below. Assertion (A): Nalanda had an imposing library called 'Dharmaganja' which consisted of four multi-storey buildings. Reason (R): It contained lakhs of manuscripts and it had great teachers such as Nagarjuna, Sthiramathi, Silabadra and	1	Educational Practices &	С
	a) Both A and R are true and R is the correct explanation of A. There are two statements marked as Assertion (A) and a Reason (R). Mark your answer as per the codes provided below. Assertion (A): Nalanda had an imposing library called 'Dharmaganja' which consisted of four multi-storey buildings. Reason (R): It contained lakhs of manuscripts and it had	1	Educational Practices &	С

Page 3 of 15

	b) Dath A and D and two but D's set the second of the	1		
	b) Both A and R are true but R is not the correct explanation			
	of A.			
	c) A is true, R is false.			
ANS	d) A is false, R is true.			
	d) A is false, R is true.	1	CH 6-Martial	С
8	Silambam was originally practiced with bamboo sticks and later with steel swords and shields. The bamboo staff used is usually 5 feet in length and is swirled while attacking the enemy.	'	Arts	C
	Assertion (A): Silambam was played using bamboo sticks and later steel swords and shield.			
	Reason (R): It is an ancient martial art played for defense.			
	a) Both A and R are true and R is the correct explanation of A.			
	b) Both A and R are true but R is not the correct explanation of A.			
	c) A is true, R is false.			
	d) A is false, R is true.			
ANS	a) Both A & R are correct and R is the correct reason			
	for A.			
9	There are two statements marked as Assertion (A) and a	1	CH 1-	С
	Reason (R). Mark your answer as per the codes provided		Agriculture -	
	below.		a survey	
	Assertion (A): In India as in every country, agriculture was			
	an integral part of popular culture and gave rise to annual			
	fairs, cattle melas, festivals and rituals, all of which were			
	occasions for celebration.			
	Reason (R): Lohri in Punjab, Magh Bihu in Assam, Nabanna			
	in Bengal, Onam in Kerala or Pongal in Tamil Nadu not only			
	helped to bond local communities together, but have			
	promoted national integration.			
	 a) Both A and R are true and R is the correct explanation of A. 			
	b) Both A and R are true but R is not the correct explanation			
	of A.			
	c) A is true, R is false.			
	d) A is false, R is true.			
ANS	a) Both A and R are true and R is the correct explanation			
	of A.			
10	There are two statements marked as Assertion (A) and a	1	CH 4-	С
	Reason (R). Mark your answer as per the codes provided		Educational	
	below.		Practices &	
	Assertion (A): William Adam's reports on indigenous		systems	
	education included voluntary donations from interested and			
	wealthy citizens, with even illiterate peasants pitching in their bit.			
	Reason (R): The system of village schools is extensively			
	prevalent that the desire to give education to their children	i	1	

Page 4 of 15

	must be deeply seated in the minds of parents even of the humblest classes.			
	a) Both A and R are true and R is the correct explanation of A.			
	b) Both A and R are true but R is not the correct explanation of A.			
	c) A is true, R is false.d) A is false, R is true.			
ANS	a) Both A and R are true and R is the correct explanation of A.			
11	There are two statements marked as Assertion (A) and a Reason (R). Mark your answer as per the codes provided below.	1	CH 5-Ethics	С
	Assertion (A): The four ends of life righteousness, material wellbeing, fulfilment of desires and liberation from all worldly ties give right direction and purpose to human life.			
	Reason (R): Ancient Indian education gave importance to both higher knowledge and lower knowledge.			
	a) Both A and R are true and R is the correct explanation of A.b) Both A and R are true but R is not the correct explanation			
	of A. c) A is true, R is false. d) A is false, R is true			
ANS	a. Both A and R are true and R is the correct explanation of A			
12	Apart from wrestling there were other exercises that were recommended in order to increase physical strength as a	1	CH 6-Martial	С
	preparation to the mastering of martial arts. These exercises were, bhāraśrama or weightlifting both by hands and feet, bhramaṇaśrama, walking and running and taking brisk walks in the morning, salilaśrama, swimming in a tank, lake or river Assertion (A): These exercises involved the entire body and also the mind. Reason (R): They involved more than one part of the body and there was need to apply mind. a) Both A and R are true and R is the correct explanation of		Arts	
	preparation to the mastering of martial arts. These exercises were, bhāraśrama or weightlifting both by hands and feet, bhramaṇaśrama, walking and running and taking brisk walks in the morning, salilaśrama, swimming in a tank, lake or river Assertion (A): These exercises involved the entire body and also the mind. Reason (R): They involved more than one part of the body and there was need to apply mind.		Arts	
ANS	preparation to the mastering of martial arts. These exercises were, bhāraśrama or weightlifting both by hands and feet, bhramaṇaśrama, walking and running and taking brisk walks in the morning, salilaśrama, swimming in a tank, lake or river Assertion (A): These exercises involved the entire body and also the mind. Reason (R): They involved more than one part of the body and there was need to apply mind. a) Both A and R are true and R is the correct explanation of A. b) Both A and R are true but R is not the correct explanation of A. c) A is true, R is false.		Arts	
ANS 13	preparation to the mastering of martial arts. These exercises were, bhāraśrama or weightlifting both by hands and feet, bhramaṇaśrama, walking and running and taking brisk walks in the morning, salilaśrama, swimming in a tank, lake or river Assertion (A): These exercises involved the entire body and also the mind. Reason (R): They involved more than one part of the body and there was need to apply mind. a) Both A and R are true and R is the correct explanation of A. b) Both A and R are true but R is not the correct explanation of A. c) A is true, R is false. d) A is false, R is true.	1	CH 8-Other Technologie s	С

Page 5 of 15

		1		
	b) Both A and R are true but R is not the correct explanation			
	of A. c) A is true, R is false.			
	d) A is false, R is true.			
ANS	a) Both A and R are true and R is the correct explanation			
ANO	of A.			
14	"The Chinese scholars I-tsing (Yijing, left) and Hsüantsang (Xuanzang, right) visited Nālandā in the 7th century CE. Education was free and there were more than 5,000 students and 1,500 teachers. A hundred lectures were conducted every day and the practice of learning through debates and discussions was highly developed. Comment on the effectiveness of the system as observed by the Chinese Scholars. Would this system work today in our Schools?	1	CH 4- Educational Practices & systems	В
ANIC	a) this would work partially b) would work exactly as described c) Will not work at all d) can work only through Govt intervention			
ANS 15	a) this would work partially	1	CH 8-Other	В
	Study the following picture and the textual description given below and answer the question given: **Text Matrial: India's love for bangles is traceable to the Harappans' manufacture of large numbers of gold, bronze, conch-shell, glazed faience or humble terracotta bangles. Weavers used wheel-spun thread and, besides widely used cotton, evidence of silk has recently come to light at two sites. Other crafts included stone and ivory carving, carpet making and inlaid woodwork.		Technologie s	
	We can infer that woman during the Harappan period were:			
	a) Fashionableb) Designed outdated jewelleryc) Creative designersd) Loved only metal jewellery			

Page 6 of 15

		1		1	
	Options				
	1. a and d				
	2. a and b				
	3. a and c				
	4. b and d				
ANS	3) a and c				
ANO	-				
	OR				
15	Study the following picture and the textual description given below and answer the question given:	1	CH 8-Other Technologie s	В	
	Series of interconnected reservoirs at Sringaverapura (source: Dying Window, Down to Earth, and Prof. B.B. Lal)				
	Q: What phrases would aptly assess this system of				
	drainage?				
	a) Efficient				
	b) Proactive				
	c) Clumsy				
	d) Not futuristic				
	e) Practical even today				
	Options:				
	1. a,d,e				
	2. a,b,e,				
	3. b,c,e				
	4. a,b,d				
ANIC					
ANS	2) a,b,e,				
16	Which of the following options doesn't signify the	1	CH 5-Ethics	Α	
	qualities of a dharmic leader?				
		<u> </u>			

Page 7 of 15

		1		
	A. He should never inflict extreme punishments.			
	b. By means of virtue should he attain success, by means of			
	virtue should he sustain it.			
	c. He should ignore persistent sufferings of those that			
	depends on him.			
	d. He should set heart on inflicting misery on any group.			
	Options			
	a) a and d			
	b) a and b			
	c) c and d			
	d) b and d			
ANS	c) c and d only SECTION – II			
47			0114	
17	The application of <i>kunapajala</i> on crops is still practised by	2	CH1-	Α
	farmers. State the reason.		Agriculture -a	
ANS	Crops grown with natural manure will give good yield.		survey	
AINO				
	The liquid manure (Kunapajala) is prepared by boiling			
	a mixture of animal excreta, bone marrow, flesh and			
	dead fish in an iron pot and then adding to it sesame			
	oil cake, honey,soaked black gram and a little ghee.			
	No fixed quantities of materials were required and so		•	
	farmers find it easy to follow			
18	Truthfulness and humility are ethics. Justify your stand with example.	2	CH 5-Ethics	Α
ANS	Truthfulness is important to build up the character of a			
	man.			
	• It promotes trust, fosters healthy relationships,			
	strengthens organisations and societies.			
	• Raja Harischandra gave up all in order to uphold his			
	word to adhere truthfulness.			
	 Humility is a very important spiritual principle to imbibe in our lives. 			
	• A Rishis/ saints are known for their nature of humility.			
19	In what ways does the study of Dhanurveda have modern	2	CH6-Martial	В
	relevance, and how can its principles and techniques be		Arts	
	applied in contemporary contexts such as self-defense,			
ANIC	physical fitness, and stress management?			
ANS	The study of Dhanurveda has modern relevance in several ways. Its principles and techniques can be			
	applied in contemporary contexts such as self-defense,			
	physical fitness, and stress management.			
	Emphasizes physical and mental discipline, which			
	can be beneficial for individuals seeking to improve			
	their overall well-being.			
	Practices improve physical fitness by increasing			
	strength, agility, and endurance.			

Page 8 of 15

	 Has self-defense techniques that can help individuals feel more empowered and prepared to protect themselves in potentially dangerous situations. Includes breathing techniques and meditation, which can help reduce stress and improve mental clarity. Overall, the study of Dhanurveda offers a holistic approach to wellness that is relevant and applicable in modern times. 			
20	How can Pyrotechnic methodology be applied in current situation in India. Elaborate	2	CH 8-Other Technologies	В
ANS	 Pyrotechnic practices, or fireworks, appear to have been current in India in the 13th or 14th century. Gunpowder became an article of warfare at the beginning of the 16th century. Rockets too began being used in wars waged in India, as testified by military annals of the period. For instance, the Mahrattas are reported to have fired rockets at the 1761 battle of panipat. At present, as a major fire hazard, pyros can also cause damage to grounds and surroundings. It is illegal to bring them into stadiums and there are consequences for anybody who breaks the law and ground regulations. 			
21	Indian concept of education was not focused on the intellect alone. Do you agree with this statement? Why or why not?	2	CH4- Educational Practices & systems	С
ANS	 Yes, I do agree with this. Indian education aimed at both the inner and the outer dimension of a person. The outer goal was mastering a discipline, history, art of debate, law, medicine etc. The realisation of purusartha catustaya and inner values such as truth, patience, regularity, humility, self-denial was the inner goal. 			
22	Analyse the contributions on any Indian historical personality of your choice, who, in your opinion, would be an embodiment of the concept of nishkama karma.	2	CH 5-Ethics	С
ANS	(Students can share their views about any National Patriotic leaders)			
23	The five stages of the practice of kalarippayattu, including body conditioning, flexibility training, basic techniques, advanced techniques, and free-style practice. Based on your study of Kalarippayatty, would you agree or disagree that these stages build upon each other to develop the physical	2	CH 6-Martial Arts	D

Page 9 of 15

	 All the 5 stages need to be completed in the order prescribe, to derive the maximum benefits of mental and physical skills Skipping any one stage would mean lopsided development of both mental and physical skills 			
	development of both mental and physical skills SECTION – III			
24	The martial arts apart from being sources of popular entertainment also provide training in skills required by professionals, including soldiers. India has an ancient tradition in diverse martial arts. Nearly every part of India has evolved one or the other form of a popular stick combat martial art. Analyse the statement.	5	CH6-Martial Arts	A
ANS	 i. Lathi khela: a. Popular martial art in North India. b. Metal tipped –to ward off the enemy through various wielding techniques, steps and posturing. c. The wielder of the lathi is known as a lethal or lathial. ii. Silamabam a. Literally Bamboo fight b. Practised with Bamboo sticks c. Later with steel swords and shields d. Bamboo staff used is usually 5 feet in length and is swirled while attacking the enemy. e. It is one of kind of training in javelin or spear fighting. iii. Kuruntadi a. Short sticks roughly of two-palm length. b. Accompaniment of drums and music c. Each stroke is aimed at particular varnam or vital points of the human body 			
25	i) Elucidate how the ancient education traditions of the gurusisya parampara is relevant and can be integrated in today's system.	2	CH4- Educational Practices & systems	В
ANS	 The Guru-Shishya parampara of Vedic times, the Guru was expected to become a mentor who understood the personal needs of every student. The Guru would differentiate the education and skills taught to each student based on individual needs. Today also the role of mentoring of students based on individual needs has been recommended by NEP. 			
25	ii) The student and the teacher had a symbiotic relationship. Comment on this statement and how this applies to schools of today.	2	CH4- Educational Practices & systems	В
ANS	 In Gurukula system of the Vedic times, the acharya and the student had a symbiotic relationship and students were treated as members of the teacher's family. 			

Page 10 of 15

	 Students living with the teacher led a life of self-control, abstinence, obedience and devotion. Today also it is strongly recommended to treat students with equity and the teacher demonstrates the value systems expected of the pupil. 			
25	iii) Physical education was given importance in ancient education Is this applicable and valid even today? Justify your answer.	1	CH4- Educational Practices & systems	В
ANS	 Physical education was important and students participated in krida, vyama prakara, dhanurveda for acquiring martial skills and yoga-sadhana for developing control over the sense organs. Schools of today are expected to lay equal emphasis on holistic development including self defence skills as part of the Health and Physical Education curriculum 			
26	i) Explain how Dharma that is emphasized in Mahabharata is applicable even today? What role can Schools play in this?	3	CH 5-Ethics	С
ANS	 The concept of right and wrong is emphasized in Mahabharata. It pertains rightful order and morality. Dharma is the moral law combined with spiritual discipline that guides one's life. This is very relevant in today's world where we can see several acts of treason, wrong doings, child abuse, black marketing, misuse of medical sciences, education and so on. There seems to be a loss of rightful order and moral doing. Hence, schools should give top priority to discussions on morality and rightful order and ethics. Students should be given opportunities to examine the right versus wrong and the implications of wrong doing on the self, family, nation. 			
26	ii) "Values are caught not taught". How far do you agree with this statement? Reflect on some values you have acquired from your to family school	2	CH 5-Ethics	С
ANS	Students will share their own experiences regarding the values that they have imbibed.			
27	TEXT EXTRACT: Water conservation and management is an area of great importance, and the great variety and sophistication of water structures in ancient India testify to the care with which people harvested and conserved water and managed its distribution.	5	CH 8-Other Technologies	D

Page 11 of 15

	How would you evaluate the officery and relevance of the			
	How would you evaluate the efficacy and relevance of the water conservation management of ancient India with			
	<u> </u>			
ANS	regard to their usage in modern times?			
ANS	Harappans invention of trapezoid bricks for the			
	construction of wells - is still in use in many towns			
	and villages that stand testimony to the efficacy of the			
	well construction methods			
	• A step well dug at the bottom provided for extended			
	storage by recharging the water table during the			
	monsoon-the step wells are used even today to			
	recharge water tables			
	• In later periods, we find such networks of reservoirs			
	spreading to other parts of India. In the Ganges valley,			
	excavations at Sringaverapura, brought to light a			
	simple but effective series of interconnected			
	reservoirs. These reservoirs exist today and are the			
	best and most effective ways to store water			
	The earthen embankment meant to contain a reservoir			
	or divert a stream-has been adapted in many villages			
	today.			
	Any other relevant points to be accepted SECTION – IV			
28	i) The findings of the British reports on the ancient Gurukula	3	CH4-	Α
	system cultivated culture and discipline. Do you agree? Give		Educational	
	arguments in support of your answer.		Practices &	
			systems	
ANS	 In gurukula pupils gathered and lived with the teacher. 			
	• The teacher, the guru, the acharya, was highly			
	honored and was seen as the guide who helped			
	students escape the darkness of ignorance and attain			
	the light of knowledge.			
	• The teacher and the student had a symbiotic			
	relationship and students were treated as members of			
	the teacher's family.			
	• Students living with the teacher regulated their lives			
	by adhering to yama and niyama – sauca, satosa,			
	tapas, svadhyaya and isvarapranidhana.			
	Two kinds of knowledge were given importance. I awar knowledge on data and the bigher knowledge.			
	Lower knowledge and the higher knowledge.			
	• Lower knowledge is the Rig Veda, the Yajur Veda, the			
	Sama Veda, nirukta, chandas adnd jyotis.			
	Higher knowledge is that by which the imperishable			
	Brahman is attained.			
28	ii) Women savants also played a vital role. Support the	2	CH4-	Α
	statement with examples.		Educational	
			Practices &	
			systems	
ANS	Women had access to education.			
			1	L

Page 12 of 15

	 Women savants played a vital role in ancient education. Gargi, Maitreyi or Lopamudra find mention in the Upanishads as leading acaryas and dialecticians. 			
29	The term 'dharma' does not mean mere religion. Then what does it stand for? If Dharma transcends religious barriers, how can the tenets of 'Dharma' be practiced as a Universal code of conduct?	5	CH 5-Ethics	В
ANS	 Dharma is that which leads to the highest common good (śreyas). Dharma is "right living" defined by the practice of universal ethics and personal morals. Dharma is the science of conduct, the systematized principles according to which one should act. The purpose of morality is to bring about happiness for the maximum number of people by creating harmony. Harmony between individuals of a family, between families of a community, between communities that live together in a nation. Harmony between nations that make up humanity. Harmony between humankind and the environment and other creatures that share our earth and harmony between earthlings and the inhabitants of other worlds. Where there is harmony there is happiness, disharmony cause unhappiness. The ultimate object of morality is to bring about universal happiness. The underlying principle of Dharma is the recognition of the unity of the Self and the diversity of the not-self. 			
30 ANS	Present an argument to support the statement that "Kalarippayattu is not solely a physical combat technique for self-defense". Justify your argument by your understanding of the cultural, spiritual, and holistic aspects of this traditional Indian martial art form. The cultural, spiritual, and holistic aspects of	5	CH 6-Martial Arts	С
	Kalarippayattu provide ample evidence to support the argument that it is not solely a physical combat technique or for self-defense. As a combat training, it increases agility and includes a wide range of techniques, including kicks, punches, joint locks, throws, and strikes to vital points on the body along with the usage of weapons such as sticks, swords, and spears for combat /self-defense a) Integrated Martial Art - Incorporates meditation and breathing exercises to promote inner peace and mental discipline, in addition to physical training. b) Healing - Kalarippayattu includes a range of therapeutic practices that are used to treat injuries and			

Page 13 of 15

	illnesses. These practices include massage, herbal			
	medicine, and acupuncture. The knowledge of			
	traditional healing practices is passed down through			
	generations of practitioners and is an important aspect			
	of the tradition.			
	c)As an art form - Kalarippayattu is not only a martial art			
	but also an art form that combines fluid and graceful			
	movements with precise and powerful techniques.			
	•			
	d)Spiritual: Kalarippayattu is that it is believed to help			
	practitioners develop a deeper connection between the			
	body, mind, and spirit.			
	e) Physical fitness and coordination, how to react			
	quickly and effectively to unexpected attacks, as well as			
	how to defend themselves against multiple attackers.			
	(Self-defense)			
	Overall, it aims at the holistic development of the			
	individual, encompassing physical, mental, and			
	spiritual aspects of well-being.			
31	Text material:	3	CH1-	D
	Since crop production often depended on seasonal		Agriculture -a	
	monsoon rains, scholars worked out methods to predict		survey	
	rainfall. Krsiparāśara and Brhat Samhitā describe such			
	methods in every season. Parāśara's main technique was			
	based on the positions of the Moon and the Sun in the sky.			
	Varāhamihira in his Brhat Samhitā considered lunar			
	mansions (nakṣatras) in predicting seasonal rainfall.			
	Because of the confidence they have in ancient methods, a			
	large number of farmers in India even today carry out farm			
	operations based on them.			
	i) Based on the passage /text extract given above – and the			
	methods used by farmers even today to predict the			
	monsoons, how would you evaluate the Indian Farmer's			
	dependence on these predictions?			
Ans	The farmers believe more in the ancient methods as			
AllS				
	they have blind belief in these predictions.			
	Farmers have not updated themselves about scientific			
	predictions by organizations like the Indian			
	Meteorological Department.			
	• Farmers have blind beliefs as they have experienced			
	some seasons of successful crop production based			
	only on these ancient predictions.			
	• Farmers are confident about their beliefs in these			
	methods as they have been tutored by their			
	forefathers to consider only these methods			
31	TEXT MATERIAL:	2	CH1-	D
	Varāhamihira's chapter on treatment of trees mentioned that		Agriculture -a	
	trees are vulnerable to disease when exposed to cold		survey	
	weather, strong winds, and hot sun; this possibly laid the		,	
	foundation of classifying tree diseases based on humours			
	, ,	1		·

Page 14 of 15

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	such as vāta, pitta and kapha. Surapāla suggests using a		
	number of plant species that we know today have antimicrobial properties, including mustard paste and milk.		
	ii) Based on this textual material -what can we infer about the ancient practices of management of crop diseases?		
ANS	Farmers were very advanced in disease management of trees as they were fully aware of weather conditions and impact on trees. They were environmental conservationists as they used only natural materials to treat diseases		
	(Any other similar/relevant phrases that assess the farmers can be accepted)		

ALL THE BEST

Page 15 of 15